



CNO calls diversity a strategic imperative

From CHIEF OF NAVAL
OPERATIONS PUBLIC AFFAIRS

PATUXENT RIVER, Md. (NNS) — Chief of Naval Operations (CNO) Adm. Mike Mullen addressed a packed audience at the Naval Air Systems Command Total Force Diversity Day here June 29.

Mullen left no doubt about the importance of pursuing diversity at every level in the Navy, calling it a “strategic imperative” and reminding the attendees that the Navy is engaged around the globe.

“Having the cultural skills, having the diverse backgrounds in order to literally achieve our mission is really critical,” said Mullen. “That is why [diversity] is a strategic imperative.”

This level of engagement, he argued, requires a much better understanding of cultural norms and values than Sailors typically have right now.

While the CNO noted that the Navy has made great strides in improving diversity in recent years, the pace of globalization and the war on terrorism have made it necessary to renew those efforts and adopt change even faster.

“We’ve got to create a sense of urgency and a belief and a commitment,” he said. “Leadership has to say it: ‘We’ve got to change.’” Mullen noted that the Navy has created a new Diversity Concept of Operations, which lays the groundwork for how the service will seek to improve both awareness and opportunities at all leadership levels.

Diversity, the CNO stressed, is about creating opportunities for all, not breaking down barriers for some. And he pressed the audience hard to begin a healthy dialogue about the subject.

“Part of how we got here is because we’re afraid to talk about the subject. We don’t know how to talk about it. We’ve got to get over that. Amongst friends, it’s a challenging issue. We worry about ticking people off, about saying the wrong thing,” he said.

Understanding one another’s concerns was a vital first step to making progress, Mullen argued. “I can’t see diversity from a minority position,” he noted. “I have not grown up in those shoes. I didn’t live that way, and I need help understanding it. And I need understanding that that is the case, not an expectation that I would pick it up instantly.”

Mullen also encouraged leaders in the Navy to take on what he termed “accountable mentorship.”

He argued that leaders must consider it a primary responsibility to ensure the success of those they mentor, aggressively tracking career milestones.

“As a mentor, it’s my responsibility to make sure that individual makes it,” he said. “We have got to get [diversity] right or it jeopardizes us as an institution.”

“The Navy is my command,” Mullen added, “and this is a big part of making sure we get it right.”



Rockets’ red glare

Approximately 10,000 people attended Naval Station’s July 4th celebration — the first since July 2001. The event was organized and coordinated by MWR. The day concluded with a spectacular fireworks display in front of the historic (Bldg. 1) Clock Tower. Photo by John Sheppard, NSTC Public Affairs

Drunk driving victim warns of consequences

By JUDY R. LAZARUS
Bulletin Associate Editor

“One night I had too many and I’m paying for it now,” Josh Niggemann told a crowd of 1,300 Sailors and staff members at a Hospital Corps School safety stand-down last week. Confined to a wheel chair, as a result of a drunk driving accident, Niggemann, along with his mother Gayle, spoke of the event which changed his family’s life.

The Corps School event was arranged by Lt. Linda Kowalski and HM2(FMF) Rocco Deluca, who were referred to the Niggemanns by Mothers Against Drunk Driving Northeast Illinois Region.

Following the presentation, the visibly-moved Sailors asked questions which were answered by both mother and son.

Eight years ago, the Wauconda, Ill. native, who had just turned 21, was drinking with buddies and got into his car with a friend who had also been drinking. Niggemann said he passed out in the passenger seat and doesn’t remember anything after that.

“I don’t remember what I was thinking. I passed out and I guess I thought my friend would drive me home,” Niggemann said. “People think it’s never going to happen to them; all it takes is one bad decision. It was the scariest night for my family and friends. Not for me because I don’t remember it.”

The car, which was going approximately 110 miles an hour on Rte. 12 in Wauconda, hit the back of a truck.

It’s a one-hour drive from Wauconda to Lutheran General Hospital, but Niggemann was transported by helicopter. “They flew me there in eight minutes,” he said. “If not for that, I wouldn’t be alive.”

For the first month the doctors didn’t know if he would live or die. There was a blood clot on his brain, his aorta was torn in three places, he had broken bones, and his liver and kidney were lacerated. He underwent brain and heart surgery.

“As a parent it was the worst night of my life,” Gayle Niggemann said. “We were told they didn’t think he would make it. It was a waiting game to keep Josh alive. After three

— See DRUNK DRIVING page 2



Josh Niggemann and his mother Gayle talk with HM2(SW/AW) Michael Cochran, one of the many Sailors who lined up to talk to the speakers following their appearance at Hospital Corps School.

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Now hear this!

American Heritage Day is coming to Naval Station Aug. 24. To learn how you can become involved, turn to page 2.

‘Preventing ID theft’

NAVSTA legal provides tips.

SEE PAGE 4

Find out what’s happening at Great Lakes!

Visit the Great Lakes official websites at www.nsgreatlakes.navy.mil and www.nstc.navy.mil

Great Lakes doctor returns from duty in Iraq

By **JIM BOYLAN**
Associate Bulletin Editor

Capt. John Olsen, MC, USN, Naval Health Clinic Great Lakes, recently returned from a tour of duty in Al Anbar Province, Iraq.

Olsen pursued his medical career as an anesthesiologist through the Navy by applying for and receiving a Navy scholarship to George Washington University in D.C., graduating as an Alpha Omega National Honor Student in 1986. He chose to be an anesthesiologist because it afforded him the chance to base his specialty on subjects that he greatly enjoyed, pharmacology, anatomy and physiology. He enjoyed the intellectual basis of anesthesia and it allowed him to work in the dynamic environment of the OR.

He spent the next 17 years traveling throughout the world, but spent the majority of his time on the West Coast and in Asia, before accepting assignment at Great Lakes. It was at Great Lakes that he requested an overseas assignment and in August 2005 he deployed to the Al Jizarah desert, where Iraq meets Syria.

His assignment was as detachment commander, Surgical Shock Trauma Platoon 4,



Capt. John Olsen

on a forward operating base, with the Third Battalion, 6th Marines from the 2nd Marine Division out of Camp Lejeune, N.C., based in Al Anbar Province, Iraq.

See **DOCTOR** page 22

AFN to end radio play-by-play sports

Special release from DoD

WASHINGTON (NNS) — The Department of Defense announced July 5 that the American Forces Network (AFN) will cease broadcasting play-by-play sports on radio later this summer.

The decision to discontinue live play-by-play sports on radio was based upon a series of Department of Defense worldwide audience surveys of military members and civilian employees stationed overseas, which showed the preference of viewers to watch sports, rather than just listen to them. The impact of live sports on overseas local affiliate radio schedules was also factored into the decision.

“AFN audiences prefer to watch the greater variety of sports on television rather than listen to them on the radio,” said Robert Matheson, director of broadcasting at the AFN Broadcast Center in Riverside, Calif. “When radio sports coverage comes on, most listeners tune out. Our mission is better served when the largest possible audience tunes in to non-sports programming and spends more time listening.”

AFN radio play-by-play sports broadcasts were, as recently as 10 years ago, broadly listened to. Since then, AFN television sports coverage has expanded exponentially.

“More and more sports fans have been turning to AFN television for the greater variety of sports,” Matheson observed. “We used to air only one or two TV games a week. Now, since the introduction of AFN-sports and recently AFN-xtra, our multiple AFN television services, including AFN-prime, carry nearly 80 events a week.”

Most play-by-play sports on AFN Radio ended with the conclusion of the NBA Championships. Some motor sports programming will remain on AFN radio’s schedule in order to complete their seasons, with the September 9 NASCAR Nextel Cup race from Richmond International Raceway scheduled to be the final AFN radio sports play-by-play broadcast.

“We signed agreements with the Motor Racing Network and the Indy Racing League before reassessing our approach to radio sports,” Matheson said. “We’ll honor those agreements.”

TSC launches Chiefs-In-Training Academy

By **EVA KOWALSKI**
Training Support Center

NC1 La Rhonda Smith, command career counselor, has been considered for promotion to chief petty officer (CPO) based on her advancement exam results. Even though this is her fourth time in front of the selection board and even though promotion is not guaranteed and weighted on availability within her rate, she is still determined to be ready for the position when the opportunity presents itself.

“It’s important to be ready,” said Smith, who has been in the Navy for 18 years.

Smith was one of 44 first class petty officers to participate in a focused readiness program at Training Support Center (TSC), Great Lakes, which aims to better prepare Sailors who have passed the advancement exam, for potential promotion to Chief. The training started April 1 to coincide with the CPO Birthday and ended late June.

The Chiefs-In-Training Academy initiated by TSC Command Master Chief CMDCM (SW/AW) Glenn Mallo consisted of weekly physical training (PT), CPO quarters, required reading, seminars, and a two-day capstone course. Every Wednesday at 0600, the 44 trainees from TSC and Learning Sites participated in a hour-long PT session followed by CMC quarters at Ross Field and on Thursdays, they participated in seminars and group discussions at the TSC headquarters in Bldg. 3.

“The Navy is changing the way it develops leaders in the 21st century. We already have the five vector model in place, which defines a Sailor’s career development. This focused readiness program builds on the concept of continuous training for our relief’s,” said Mallo.

The advancement exam takes place in

January every year. A selection board convenes at the end of June to determine promotion based on professional performance at sea, education, evaluations, and physical standards in addition to test scores. Results are then released in July.

According to Mallo, the Chiefs-In-Training Academy promoted esprit de corps as well as exposed the trainees to a different learning environment that allowed a meaningful discussion of the application of leadership and management principles to TSC deckplate scenarios.

“Trainees had the opportunity to engage Chiefs who facilitated the seminars. Chiefs who served as facilitators were able to share their own experiences even as they gained understanding of various perspectives presented by trainees during the seminars,” he explained.

Mallo said the training strengthens the foundation and improves the readiness of Sailors preparing to transition from a first class petty officer to a Chief.

“We need to continuously train our relief’s,” stressed Mallo.

FCC (SW) Jesus Pavon, who served as an instructor during the capstone course, said the topics covered included leadership, management, skills application, and Naval Heritage. Trainees were required to complete a situational leadership course on Navy Knowledge Online and were assigned to read “Brave Ship, Brave Men” and “Good To Great” as pre-requisites for completion of the academy.

“This is corporate level material; this is material that you can take with you wherever you go next – to your next job,” said Smith, who was promoted to first class petty officer in 2001.

“I enjoyed the networking and getting to know all the other first classes in the area that made the board,” she said.

Volunteer to be part of ‘American Heritage Day’ Great Lakes

By **JIM BOYLAN**
Associate Bulletin Editor

Are you proud of your ethnic heritage? Would you like to volunteer to educate others about your heritage?

The Naval Station will provide the opportunity by hosting the first base-wide “American Heritage Day” Aug 24 on Ross Field from 11 a.m. until 1 p.m.

The cultural awareness event will celebrate the diversity of all members of our base community. Activities will include educational displays, food, recreational exhibitions and entertainment.

“Our goal with American Heritage Day is to give members of our community an opportunity to educate others

about ethnic heritages that are not normally recognized by the Department of the Navy (DON) mandated observances,” said Carla Camara, HRO-Great Lakes

The Special Emphasis Program and Advisory Committee (SEPAC) will be sponsoring the DoD mandated programs: Asian-Pacific Heritage, Hispanic Heritage, Black History, Women’s History, Disability Awareness and American Indian/Alaskan Native Heritage.

“We need your help in order to recognize as many ethnic heritages as we can,” said Camara. To be part of this year’s event e-mail Camara at carla.camara@navy.mil or call (847) 688-2222, ext. 17.



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DRUNK DRIVING

(Continued from page 1)

weeks we knew he was going to live, but doctors told us he would probably never walk or move.

But he learned how to talk again, years of therapy followed, and he still works with a trainer. A traumatic brain injury affected his short-term memory and he is sometimes very outspoken, his mother noted with a smile.

“I’m glad to be able to talk to groups,” Niggemann said. He and his mother began speaking out a year-and-a-half after the accident. They appear before driver education classes, at pre-prom talks, and at victim impact panels for teenagers who have gotten into trouble and are already in the court system.

The 28-year-old said his mission now is to teach people not to drink and drive. “I want to try to make a difference, to influence even one person not to step on the gas if they’ve had one beer or 10 beers,” he said.

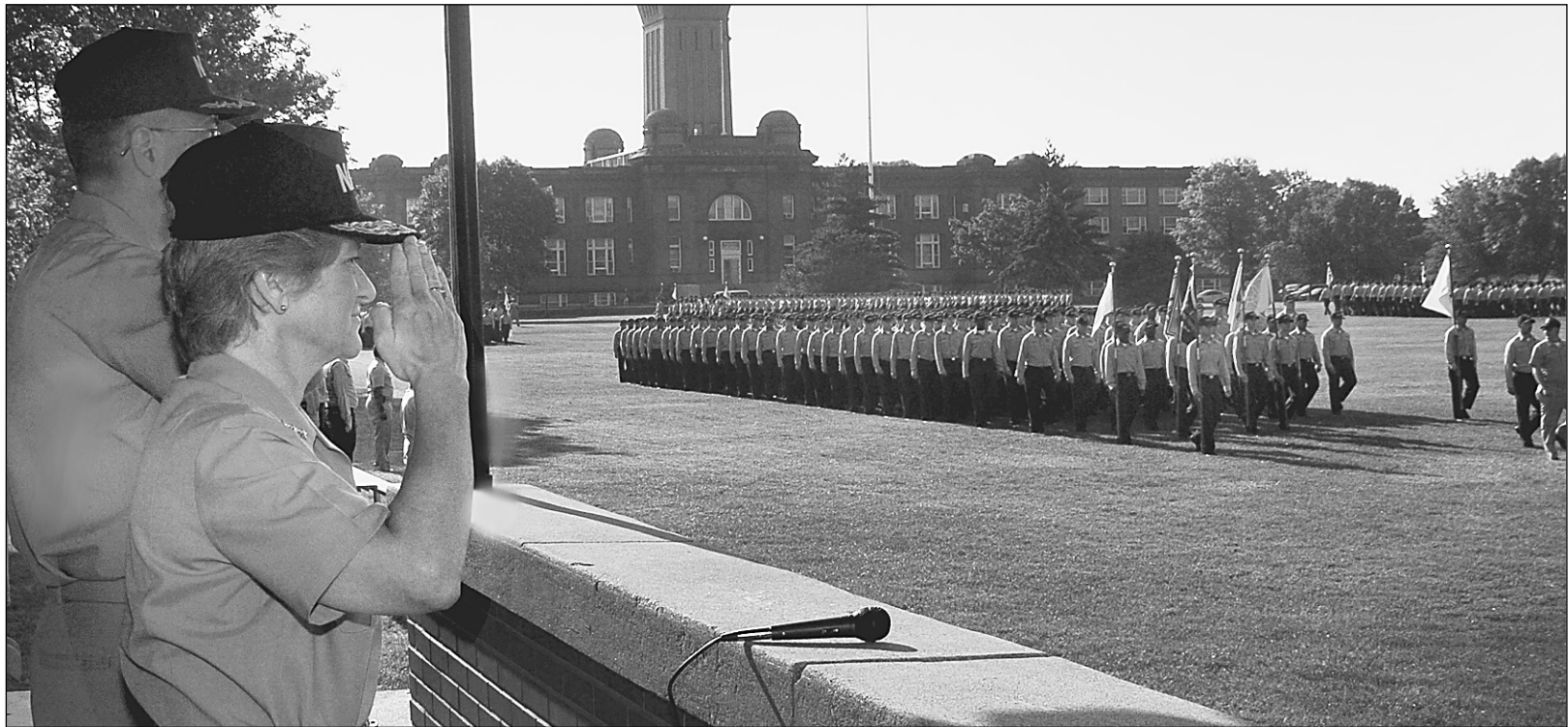
Niggemann started drinking in high school and it had escalated, but his parents were not aware of it. He still drinks but “drinks responsibly,” he noted.

“As a mom, that breaks my heart,” Gayle said. “That shows what a hold it has on you.” Her son cannot drive since he has no vision on the right side.

“We can talk things out,” his mother said. “But his father still has a hard time with it,” she added.

Niggemann, who once was quite athletic, now manages to live on his own in a handicapped-accessible house. He can take a few steps with assistance. “I’m learning to walk again, though my left arm and left leg don’t want to cooperate,” he said. “But I’m still fighting, and I believe if I fight and fight I might walk again.”

When a Sailor thanked him for speaking out he replied, “That’s why I’m here.”



Pass in review

Vice Adm. Ann Rondeau, Director, Navy Staff, and former commander, NSTC and Navy Region Midwest, was the reviewing officer for a pass-in-review ceremony held on Ross Field, Naval Station, Great Lakes. Rondeau was visiting the area to attend the Recruit Training Command Change of Command. Photo by MC1(AW/SW) V. K. Schaefer

ATT course reaches next milestone, sets new graduate record

By EVA KOWALSKI
Training Support Center

The Apprentice Technical Training (ATT) School, operated by Center for Surface Combat Systems (CSCS), reached another milestone by setting a new graduation record. Since January 2004 when the ATT course was launched, 20,000 students have completed the training at one of four locations where it is offered.

The CSCS Learning Site Great Lakes alone has produced 10,000 of those graduates. On June 2, FA Matthew Murraine became the 20 thousand student to graduate from the course at Great Lakes. The training facility, which is equipped with 780 computers spread between 30 different classrooms, accommodated an unprecedented amount of students during last year's surge, peaking at 1,196. The majority of the students to complete the ATT training are boot camp graduates, who migrate directly to Training Support Center (TSC) from Recruit Training Command Great Lakes.

"ATT was the first Navy-wide computer-

based training (CBT) school (established as part of the Revolution in Training)," said GMCM (SW) Donald Langlois, ATT Assistant Director for CSCS Learning Site, Great Lakes.

The standardized course provides basic electricity and electronics training to 21 different ratings via CBT combining material common to each rating.

"Basic electronics was taught in 13 locations via different methodologies. Since the theory and the concepts are the same we created a common curriculum that's shared by everyone," said Langlois.

ATT is the first step in training. Most CSCS ratings receive "A" school training afterwards, followed by on-the-job training in the fleet and "C" school training further down the road.

"If everyone is taught the same, then when they're deployed it's easier for them to talk technically to one another because they have the same backgrounds, whether it is a gas turbine systems electrical technician (GSE) who is working on the electronics portion of the gas turbines or an electronics

technician (ET) who is working on a radar or an aviation electronics technician (AT) who is working on a helicopter or a jet. They're all going to understand the same concepts," he said.

The CSCS location at Great Lakes, which provides training to nine different ratings, has led the way in developing the ATT curriculum. Other sites where the course is taught include San Diego, Pensacola, Kings Bay and Groton, Conn.

As the premier learning site for CSCS Great Lakes also provides CBT "A" School training for ETs, fire controlmen (FC), interior communications electricians (IC), gunner's mates (GM) and torpedoman's mates (TM). Ratings that receive ATT training at Great Lakes prior to reporting to follow-on schools in different locations include sonar technicians and those in aviation ratings.

"We've grown into what we are today," said CWO3 John Campbell, ATT director for CSCS Learning Site Great Lakes.

Prior to ATT, CSCS Great Lakes offered apprentice level technical training through a curriculum known as "Tech Core," however

it was solely offered to ETs and FCs, while other ratings covered similar concepts in "A" school training.

"The goal was to take reusable learning objects and not train them (students) in multiple areas - to take one curriculum, develop it once, manage it once and distribute it to the student," said Campbell.

The ATT course accommodates the needs of each rating, ranging in duration from eight days to 63 days.

"The ATT course contains different modules and lessons in electronics. The duration of the course for each rating depends on how in depth they need to know the equipment," said Langlois.

On the shorter end of the course are the GMs, TMs and ATs and on the longer end are the surface electronics technicians and FCs.

The course is self-paced and averages 700 students at any given time.

ATT has also served as a model for other learning sites located at TSC that have launched computer based curriculums as part of the Revolution in Training.

Holiday Parade

Youngsters from the Child Development Center Bldg. 2700 celebrate the Fourth of July with a special parade for the third year in a row. Director Cindy Fickel thanked the Navy Band for its participation; the Great Lakes Fire Department for leading the parade with its truck; and the Great Lakes Police Department for regulating traffic as the children and their caregivers traveled around the block. Photo by Judy R. Lazarus



Protect yourself from identity theft

By **MICHAEL A. SCHWARTZ**
NAVSTA Legal Service Office

In May, Social Security numbers and birth dates belonging to as many as 26.5 million veterans and servicemembers were stolen from a Veterans Affairs Department employee. After a similar incident last week involving personal data belonging to 28,000 Navy personnel and their family members, Sailors have more reason than ever to be concerned about identity theft.

Identity theft occurs when a person, without permission, uses the personal information of another to commit fraud or other crimes. As technology has become more available to thieves, occurrences of identity theft have increased. Thanks to the Internet, Social Security numbers, dates of birth, credit card numbers and other personal information can fall into the wrong hands in a short amount of time. In last week's incident, spreadsheets containing personal data of Navy personnel were posted on a civilian Web site. Although the spreadsheets have been removed and no illegal use of the

information has been reported yet, the impact of such a breach can have lasting effects.

The effects of identity theft can be crippling, especially for servicemembers. Not only does bad credit affect a Sailor's ability to make purchases and provide for a family, but it also can threaten potential promotions to positions requiring security clearance.

Although it may be impossible to prevent identity theft, steps can be taken to minimize risk and limit the effects. The Federal Trade Commission (FTC) recommends a three-step process for protecting against identity theft: Deter, Detect, and Defend.

First, deter thieves by limiting the amount of personal information you release. Never give personal information, especially your Social Security number, to a source you do not trust. Keep records of the infor-



mation contained in your wallet so that you can contact the appropriate authorities if your wallet is stolen, and only carry ID cards and credit cards that you need on a regular basis. Also, receiving mail in a locked mailbox can prevent thieves from accessing mail that con-

tains your personal information.

Second, detect irregular activity in your financial statements. Monitor your financial statements to help identify and contest purchases made without your knowledge. Check your credit report to see if any new accounts have been opened in your name without your permission and to detect any unusual activity. Credit reports can be obtained once per year at no cost by logging on to www.annualcreditreport.com.

Third, defend against identity theft as soon as you detect a potential problem. If your credit report contains inaccuracies, contact the credit bureaus to correct them.

If you suspect that credit has been approved in your name without your knowledge, request a credit bureau to place a "fraud alert" on your credit report. Next, close the account that has been tampered with. Finally, file a police report and contact the FTC to file a complaint, keeping copies of any paperwork involved.

Servicemembers who are being deployed can take another step to minimize the risk of identity theft by requesting a credit bureau to place an "active duty alert" on their credit reports. As long as the servicemember is deployed, active duty alerts require creditors to verify identity before issuing credit in the servicemember's name.

The FTC (www.ftc.gov), Navy Federal Credit Union (www.navyfcu.org), and USAA (www.usaa.com) provide useful information for combating and responding to identity theft. The Legal Assistance Office, Building 1, Suite 214, is also an excellent source of information for any legal assistance questions, identity theft-related or otherwise. Or you may contact legal assistance at (847) 668-4753, ext. 111.

Navy raises tuition assistance limits for Sailors

By **JOY SAMSEL**
Naval Education and Training
Command Public Affairs

PENSACOLA, Fla. (NNS) — To assist Sailors in their pursuit of higher educational goals, as well as certifications and qualifications associated with their Navy career field, the U.S. Navy is raising the limits on Tuition Assistance (TA) available to all active-duty members (officer and enlisted).

Sailors are now eligible for 100 percent of tuition costs, up to \$250 per semester hour (SH) and up to 16 SH per fiscal year, an increase from the previous limit of 12 SH.

"Sailors in today's Navy need to be highly motivated and educated professionals," said Vice Adm. Kevin Moran, commander, Naval Education and Training Command (NETC). "The critical thinking skills developed through higher education are essential elements to the success of Sailors in the 21st century. It is our job to provide the opportunities for these highly valued and committed individuals to grow and develop in the Navy. All our programs must be responsive to this new Sailor, including Voluntary Education."

According to a Navy message sent to the fleet June 9 (NAVADMIN 166/06), TA will remain at 16 SH throughout FY-07 and use

will be closely monitored by NETC. If the rate of overall TA expenditures creates a danger of running out of funding prior to the end of the fiscal year, NETC may impose management controls and priorities to ensure that academic planning is not disrupted. Funding controls may include limiting TA requests over 12 SH to courses tied directly to degree completion.

"In addition to TA, the Navy College Program has two other significant programs to help Sailors earn a college degree," explained NETC Force Master Chief (SW/AW/SS/PJ) Mike McCalip. "A visit to the local Navy College Office (NCO) is a logical first step for Sailors to learn about what is available to them, from the wide variety of college level examinations to the Navy College Program for Afloat Education (NCPACE). The Defense Activity for Non-Traditional Education Support (DANTES) Examination Program, the College Level Examination Program (CLEP) and the DANTES Subject Standardized Tests (DSST) program offer testing opportunities that can help Sailors to take advantage of knowledge they already have and accelerate their progress toward degree completion."

McCalip said through these programs and others, Sailors can take tests in a variety of subjects and receive recommended college credit for each test successfully completed.

There are also several college admission tests given through the NCOs, including the Scholastic Assessment Test (SAT) and the American College Test (ACT) Assessment Program. The Graduate Record Exam may be taken at certain testing sites off-base and DANTES will reimburse the Sailor for the cost of the test. The Sailor must personally fund the test administration fee.

NCPACE is an important program for Sailors afloat, offering both academic skills and college (undergraduate and graduate) courses. McCalip said, "NCPACE gives Sailors the opportunity to experience challenging education while on sea duty assignments preparing them for personal and professional growth." He added that Sailors should take advantage of this program to enable them to continue to progress toward degree completion.

In addition, in August 2005, the Navy announced an educational initiative designed to encourage senior enlisted personnel to seek degrees to complement their Navy training and experience. Beginning in fiscal year 2011, an associate's degree or equivalent that is rating-relevant will be a prerequisite for advancement to senior chief petty officer for both active and reserve component personnel.

"This initiative is part of the Navy's evolving strategy for our people and is an

integral component of the Professional Military Education (PME) Continuum, which supports post-secondary education as a means of preparing Sailors for the highly technical 21st century," said McCalip.

NAVADMIN 203/05 outlines this senior enlisted education initiative.

To be eligible for advancement to senior chief petty officer for the FY-11 selection board and beyond, Sailors must earn rating-relevant associate's degrees from an accredited institution. To review the list of rating-relevant degree options from the Navy College Program Distance Learning Partnerships, access the Sailor/Marine Online Academic Advisor (SMOLAA) via <https://smart.navy.mil/smart/welcome.co> or Navy Knowledge Online at www.nko.navy.mil.

"The Navy values education," said Moran. "Pursuing a college certificate or degree during off-duty time develops important characteristics such as time management and critical thinking. It enhances competencies in verbal, written and mathematical skills. Education is and will continue to be a key factor in the personal and professional development of our Sailors, and Navy leadership is committed to providing financial assistance to all active-duty Sailors as they pursue their educational goals."



Italian Rear Adm. Salvatore Ruzittu, commander, Italian Task Group, addresses the audience during the Combined Task Force (CTF) 152 Transfer of Control ceremony, June 28, aboard USS Nicholas (FFG 47). Ruzittu relieved U.S. Navy Rear Adm. Jay Spicer as commander of CTF 152. This marks the first time that all three of the major maritime CTFs in the region have been commanded by officers from nations other than the U.S. or U.K. CTF 152 is responsible for conducting Maritime Security Operations (MSO) in the central and southern Arabian Gulf. Coalition forces conduct MSO under international maritime conventions to ensure security and safety in international waters so that all commercial shipping can operate freely while transiting the region. *Official U.S. Navy photo by IMC2 Danny Asberry.*

Italians assume command of CTF 152

By **COMMANDER, U.S. NAVAL
CENTRAL FORCES COMMAND**
U.S. 5th Fleet Public Affairs

MANAMA, Bahrain (NNS) — Italian Navy Rear Adm. Salvatore Ruzittu relieved Rear Adm. Ray Spicer as commander of Combined Task Force (CTF) 152 June 28, marking the first time that all three of the major maritime CTFs in the region have been commanded by officers from nations other than the U.S. or United Kingdom.

The change of command also marks the first time a non-U.S. officer has held command of CTF 152, which conducts Maritime Security Operations (MSO) in the central and southern Persian Gulf.

"No country can do this mission alone. Our common national goals in this challenging area of the world will be achieved only through the combined operations of coalition forces," said Spicer.

Rear Adm. Shahid Iqbal of the Pakistan Navy and Commodore Peter Lockwood of the Royal Australian Navy currently command the other two major task forces - CTF

150, which operates outside the gulf, and CTF 158, which operates in the North Persian Gulf.

Rear Adm. John Miller, deputy commander, U.S. Naval Forces Central Command/U.S. 5th Fleet, emphasized the importance of having leaders from such a broad coalition.

"We simply cannot effectively conduct maritime security operations without a fully integrated coalition. Coalition participation in maritime security operations is one of the keys to success throughout the region," said Miller.

Ruzittu is confident that the Italians are ready to command CTF 152.

"We are fully capable for this challenge, and we'll do our best in order to lead all units which are going to operate with us, accomplishing the coalition force maritime component aims and objectives," said Ruzittu.

Coalition forces conduct MSO under international maritime conventions to ensure security and safety in international waters so that all commercial shipping can operate freely while transiting the region.

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The MWR-ITT Travel Desk is holding an Apple Vacations Early Booking Sale from July 10 to July 14. Save up to \$200 per couple on select air/hotel/transfer bookings from Chicago to some of the finest resorts in Mexico and the Caribbean. Looking for a quick getaway this summer? How about three nights in Cancun staying at the NH Krystal Cancun from only \$399.99 per person. Call Fox World Travel at the MWR-ITT Travel Desk at (877) 805-9157 for more information, or stop by the ITT office, Bldg 400 (NEX Student Store) on Mondays or Wednesdays from 10 a.m. – 5 p.m. An experienced travel specialist will be on hand to handle all your personal, leave and vacation travel needs!

Bristol Renaissance Faire

The Bristol Renaissance Faire is a magical, theatrical re-creation of a 16th century English village, celebrating the food, games, crafts, music and sport of the Elizabethan age. Hundreds of costumed performers offer continuous entertainment on 16 open-air stages and in the shaded village streets. This merry stroll through history is unparalleled fun for the whole family. The Faire runs on Saturdays and Sundays throughout the summer in Bristol, Wisc. from July 9-September 5 (Labor Day-Monday), 10 a.m.- 7 p.m. ITT ticket costs are as follows: \$18 for adults and \$9 for children.

Six Flags Great America/Hurricane Harbor Waterpark

Purchase your daily and season passes for Six Flags Great America, which includes the new Hurricane Harbor Waterpark at the ITT Office: Admission: \$38 - Adults \$36.25 - Children (under 54 inches) Two-Day Pass - \$55 Season Pass - \$90 per person.

Ramada-Waukegan offers a special \$79

The Ramada-Waukegan, located at 200 N. Green Bay Road, offers all Great Lakes Naval Training staff, recruits and families a special \$79.00 rate.

Six Flags packages are also available with discounted tickets to the park, hot breakfasts and overnight stays included.

Enjoy our variety of amenities: Indoor pool, hot tub, sauna, gift shop, exercise room, restaurant and lounge. Please call (847) 244-2400 to book

your next overnight stay at the Ramada-Waukegan.

Military Ticket Vouchers (MTV)

Through the Military Ticket Vouchers (MTV) program, ITT Offices can provide their customers discounted pre-paid admission to theatres, theme parks, museums and other attractions throughout North American.

Military Ticket Vouchers can also be used to save significantly on the cost of lodging reservations at hotels and resorts throughout the U.S. Call today to for a list of attractions at 688-3537.

Chicago Cubs

Chicago Cubs baseball tickets will go on sale on Mon., July 10 to active duty military, only for August games. Please have your ID ready - when you come in to purchase tickets.

Any remaining games will go on sale to all base personnel on Tues., July 11. All August tickets cost \$52 each.

August Game Schedule:

Sat., August 5; TBD vs PIT
Sun., August 6; 1:20 p.m. vs PIT
Sat., August 19; TBD vs STL
Sun., August 20; 1:20 p.m. vs STL
Tues., August 21; 7:05 p.m. vs PHI
Wed., August 22; 7:05 p.m. vs PHI
Thur., August 23; 7:05 p.m. vs PHI
Restrictions: Limit 2 tickets per person, 1 game per month.

There is absolutely zero tolerance in the resale of ITT's tickets.

When you purchase your ticket and sign your name to it, you are bound to that agreement.

See posted signage for details.

Leisure Travel Office

The MWR Department's ITT Office now offers a full service Leisure Travel Office. An experienced travel agent will be "on-site" on Mondays and Wednesdays from 10 a.m.-5 p.m. to handle leisure travel needs including... Air travel at special military discounts; emergency and dependant travel; off duty and leave (vacations); tours and cruises, many at military discounts. Ask about our July cruise specials. The Leisure Travel Office may be reached directly at (847) 234-5877; they may also be found on the web at www.gofox.com.

Noah's Ark - America's Largest Waterpark

Residing on 70 acres in the heart of Wisconsin Dells, Noah's Ark, America's Largest Waterpark, boasts 41 waterslides, two huge wave pools, two endless rivers, four children's water play areas, Paradise Lagoon activity pool, two group amusement rides, 18-hole mini golf, three arcades, shopping, gourmet desserts and much more! Noah's Ark is continually

evolving, offering the most variety of water rides anywhere in the nation. This summer is no exception with the introduction of "Time Warp" the world's largest family bowl ride.

The ticket cost is only \$26 each at the ITT Office.

ITT Office Amtrak Services!

Commemorative Bricks Etch your name in Great Lakes' history by purchasing a Commemorative Brick, available through the ITT Office. Bricks will be placed around the walkway to graduation at the Recruit Training Command. For more details, and/or to fill out an order form, stop by the ITT Office today!

Welcome Lodging offers discount rates

Welcome Lodging of Waukegan is offering extra low rates for all base personnel-starting at \$49.99/night, which includes their fabulous breakfast bar. Quality rooms may be enjoyed at a great price and located just three miles north of the base at 619 S. Green Bay Rd.

Call (847) 662-3200 for reservations today! Use code *NVGL* when booking your reservations. www.welcomelodging.com.

Special military rates downtown

Chicago Holiday Inn Hotel & Suites Chicago Downtown Now serving Great Lakes with discounted rates from \$89/Night (King or 2 Double beds) Located on Harrison St. at Canal St., 4 blocks south of the METRA Kenosha North Line stop and 2 blocks from Amtrak/Union Station, Greyhound Terminal, and Scarlett's.

Hotel features an outdoor rooftop pool & deck and Aurelio's Pizza and lounge.

Sears Tower, Greek Town, Grant Park, the Museum Campus, and the Lakefront are all minutes away.

Clinton "L" stop of the CTA Blue Line is located at the base of the hotel. Offer subject to availability. Stop by the ITT Office for additional information or visit www.hidowntown.com.

For advance reservations, call (312) 957-9100 and ask for the NAVY rate.

Laugh a lot at ComedySportz

Finally, a fun, fast-paced comedy show that's great for the whole family. It's ComedySportz, improvisational comedy played as a sport by members of the World Comedy League. Two teams battle for laughs and points as they make up scenes, games and songs on the spot. The audience votes for the winners, a referee calls the fouls and they even play the national anthem before each match. Get your tickets today at ITT for only \$15.

★ ROSS ★ THEATER

Movies: \$2-Adult (Military or DOD)

\$1-Child (ages 6-11), Free-Under age 6

Ross Theater is located in Bldg. 110 and is open to everyone. Children 17 years of age and under trying to gain access to a "R-Rated" movie must be accompanied by an adult.

GREAT MOVIES AT A GREAT PRICE!

Fri., July 7
6 p.m.



PG~For some rude humor and mild comic action. (90 Min.)

Fri., July 7
8:30 p.m.



PG 13~For intense sequences of action violence, some sexual content and language. (103 Min.)

Sat., July 8
6 p.m.



PG~For mild bullying and brief language. (90 Min.)

Sat., July 8
8:30 p.m.



R~For intense sequences of terror and violence. (111 Min.)

Sun., July 9
3:30 p.m.



R~For strong gruesome violence and gore throughout, language, sexual content and some drug use. (100 Min.)

Sun., July 9
6 p.m.



PG 13~For disturbing images, violence, some nudity, thematic material, brief drug references and sexual content. (149 Min.)

The movie schedule is subject to change without notice.

For up-to-date information, call the MWR Scoop Line at 688-2110, ext. 697,

24 hours-a-day or check the web site at

www.mwrgl.com



Places to dine • Places to go

Pub 140 Staff Lounge, Bldg. 140, 688-6946

Pub 140 offers a "Grill Your Own" menu: steaks, hamburgers, salmon and chicken breasts. Come and enjoy the beautiful Lake Michigan view, and pleasant atmosphere. Play Instant Win Bingo for cash prizes in Pub 140.

PUB 140's hours of operation are Wed.-Fri., 4-9 p.m. PUB 140 is open to all staff members and is located in the Port O' Call in Bldg. 140. Pub 140 has a wide screen TV. For more information, call 688-6946.



Chaplain's



Corner

.....

Lost in translation

By **LT. CHRISTOPHER ALLEN**
CHC, USN

There's a story of a bishop who was making his rounds, visiting the faithful of his diocese—which happened to be in the Canadian Arctic. The bishop was a fluent speaker of the local Inuktitut (Eskimo) language, and some missionaries had proudly presented him with a new translation of the Gospels they had produced for the use of the people there.

As the bishop read part of the Gospel passage on which he planned to comment in his sermon, he suddenly burst into laughter. As it happened, the translators had been stuck for vocabulary as they worked on this particular passage. They needed a word to translate "rejoice," and as they worked, they spotted a group of sled dogs, jumping excitedly in expectation of their dinner at the end of a long day.

They asked their native informant what verb one would use to describe this charming "rejoicing" in one of God's creatures. The informant told them, and they used it thereafter to refer to rejoicing. Much to his amazement, at the time when the bishop used this new translation, he discovered that the verse he was commenting on now read, "When the disciples saw Jesus, they leapt and wagged their tails."

Another story I know at only second hand, but I know the source was reliable.

A seminary professor of mine had worked closely with Christians in many Asian countries. He had some friends who were Thai missionaries — that is, they were themselves Thai and were Christian missionaries to their fellow Thai citizens. They, too, had recently completed a revised translation of the four Gospels and the Book of Acts, and wanted to test their accessibility and effectiveness among their non-Christian countrymen.

Accordingly, they gave a copy of their new translation to four Buddhist monks with whom they were acquainted. These translators had not yet attempted to explain Christian teachings to the monks, so they

thought this would be a good chance to see how effective their translation was in delivering the gospel message on its own.

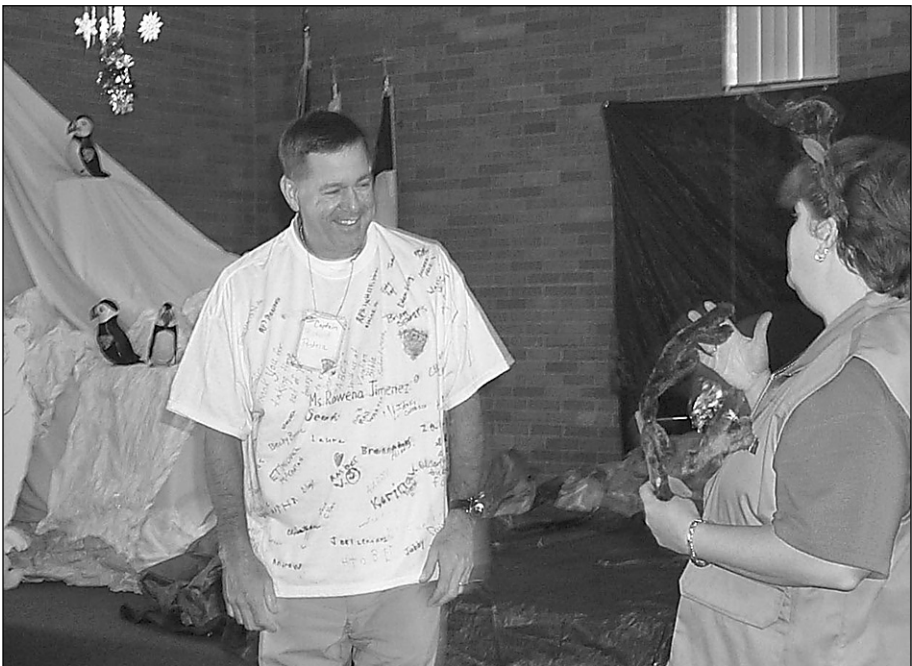
A couple of weeks later, they visited the Buddhist monks and asked what they thought of the Gospel. Had they heard the Christian message?

"Oh, yes!" exclaimed the delighted monks. "Such wonderful scripture! Why, this man, this Jesus — he was born, he taught, he died, he rose; he was born, he taught, he died, he rose; he was born, he taught, he died, he rose; he was born, he taught, he died, he rose; and then he ascended! Only four lifetimes to achieve enlightenment!"

Without any knowledge of the context of Christianity, the monks had applied the only framework they knew — that of the cycle of reincarnation— to the four Gospels of Matthew, Mark, Luke, and John. In their understanding, enlightenment was normally the work of thousands of lifetimes. That Jesus should achieve "enlightenment" in only "four lifetimes," as they understood the four separate Gospel accounts, was a great wonder to them. No wonder the Christians followed him!

Stories like this, as charming and humorous as they are, can also be a caution to us. We all operate out of a set of underlying assumptions about culture, religion, politics, gender, and many other things. Sometimes, it's not just the translation of words that's a problem; it's the whole message behind what we're saying. We may think we've been perfectly clear. The person we're talking to, though, may hear something much different in our words.

In all our relationships, knowing the other person is crucial. This is not to say that all values are relative — by no means. We must uphold what we know to be true — what we have received from our faith, our families, and the core values of our service. But understanding the assumptions that others operate from can make the difference between friendship and enmity, between success and failure, and, sometimes, between life and death.



Bible school visitor
Capt. Richard Postera, Naval Station commanding officer, receives a special T-shirt during his visit to the non-denominational vacation bible school at Forrestal Chapel. The shirt, presented by Catholic director of education Lisa Ball, follows the school's "Arctic Edge" theme. *Photo by Judy R. Lazurus.*

Emotional cycle of deployment and you

By **BETH WIRUTH**
Bulletin Contributor

This is part one of three - Ed.

Seasoned military spouses are familiar with something called the 'emotional cycle of deployment.' First identified by Navy spouse, Kathleen Vestal-Logan, the emotional cycle of deployment identifies the seven emotional stages military spouses experience during the pre-deployment, deployment and post-deployment periods. Understanding this phenomenon will help you and your Sailor to identify the stages and effectively maneuver through them.

This week we will look at the two stages of this cycle that take place in the 'pre-deployment' phase of deployment readiness and tips for successful navigation through them.

Stage one, Anticipation of Loss, can start as early as six weeks prior to deployment. Spouses can experience moodiness or depression, even irritability. Couples may experience unusual bickering and there can begin an emotional distance as couples start to prepare for separation. During this time it is natural to wonder how you will get through deployment alone. It is natural to worry about the safety of your Sailor. It is natural to wonder if you can make it through deployment and face the unknown without your partner.

Men and women experience this phase differently. As women ponder the upcoming separation we tend to want to spend more time with our husbands. We want to make memories and in essence 'fill up our love tanks' during this time.

Men on the other hand begin to withdraw. One Sailor stated, "It is easier to pull away in the early on so it doesn't hurt so deeply on the day we leave." For Sailors the weeks prior to leaving are filled with moving aboard and long hours of readiness preparations.

Take time during these two stages to connect with the family support group. Take part in all pre-deployment nights or workshops that are available to you. Look for those relationships that will be a support to you during deployment. Take steps to build those relationships if they are not in place. Contact your FFSC or ombudsman for any suggestions and information on available groups. Church groups and other social groups can also offer important relationships. Make sure you know who your ombudsman is and get on her email tree and newsletter list.

Keep talking to your spouse. Talk about decisions you may face in their absence. These questions can include things from where to get the car repaired to spending plans, to emergency plans. Having these conversations can help you feel more pre-

See **CYCLE** page 10

Worship today in the
faith of your choice

Command Religious Program Schedule

Catholic

Sun., 9 a.m. Sunday MassBluejacket Memorial Chapel
Sun., 10:30 a.m. Sunday MassNaval Hospital All Faiths Chapel
Sun., Noon Sunday MassForrestal Village Chapel
Mon.-Fri., 11:45 a.m. Weekday MassBluejacket Memorial Chapel
Sun., 10:30-11:30 a.m. CCDBldg. 122
Sun, 10:30 a.m. Catholics Seeking ChristBluejacket Memorial Chapel

Protestant

Wed., Noon Praise, Word and WorshipNaval Hospital All Faiths Chapel
Sun., 10:30 a.m. Contemporary WorshipBluejacket Memorial Chapel
Sun., 10 a.m. Family Worship ServiceForrestal Village Chapel

Church of Jesus Christ of Latter Day Saints

Sun., 1:30 p.m.Naval Hospital All Faiths Chapel

Liturgical Protestant

Sun., 12:15 a.m., Holy EucharistBluejacket Memorial Chapel

Anglican priests Chaplains Allen (at Forrestal) and Ray (at Bluejackets), will co-lead this service. Worship follows the forms of the Book of Common Prayer and should be familiar to most Christians of a liturgical background. Holy Communion is open to all baptized Christians who seek and recognize the presence of Christ in the Eucharist.

Great Lakes chaplains are happy to help you find a place of worship according to your tradition and needs.

Chapels

- Bluejacket Memorial Chapel - Bldg. 3, NTC
- Forrestal Village Chapel - Bldg. 2630, Ohio St., Forrestal Village
- Naval Hospital All Faiths Chapel, Wing 2 South
- For More Information about any of the services or events listed in this schedule, call 688-5610

SportScene

Captain Cup

Captain Cup Softball (As of 23 June 06)

TEAM	Record
CNE	10-0*
USS Essex –Snipes	8-0*
RTC – Red Ropers	8-4
Marines	7-2
ATT	7-4
NAVSTA/NSTC Gun Deckers	6-5*
Naval Hospital	5-5
<i>Top 50 percent make the Upper Double Elimination Playoffs</i>	
<i>Lower 50 percent make the Lower Single Elimination Playoffs</i>	
USS Mustin	5-6
USS Farragut	4-6
SN ATD – Pro Mariners	4-7
Scrubs (Hosp)	2-8*
PSD	2-8
MMSO	0-10
USS Tranquility (Hosp)	1-2#
#combined with Naval Hospital	
*Missing Game	

Intramural Summer Basketball (As of 23 June 06)

TEAM	Standings
CNE	3-0
RTC	2-0
Cole Alpha	2-0
Cole Charlie	2-1
Dental Bldg 1017	0-1
Essex	0-2
Army	0-2
Cole Bravo	0-3

For all Captain Cup events, please check with the appropriate facility for proper registration and rules.

Captain Cup Points after three events (Flag Football, Basketball, Volleyball)

Command	Points
RTC	65
ATT	35
TSC	30
Naval Hosp.	17
TPU	15
CNE	10
Army	5
NRC	5
Marines	5
NAVFAC	5
PSD	5
Navy Security	5
BEQ 832	5



Great Lakes Fitness Center

Bldg. 2A, 688-5649

The Great Lakes Fitness Center is a complete, state-of-the-art health and fitness center. Special features of the Center include a “Weight Room” area that boasts over 75 weight machines, 4,500 pounds of weight plates, as well as Body Master plate-load equipment. The “Cardio Room” includes Treadmills, Crosstrainers (Ellipticals), Lifecycles, Stepmills and more - complimented by 32” flat screen TV’s for viewing pleasure while working out. An Aerobics and Spin Studio offer various group exercise classes.

Massage therapy is available during the week and appointments can be made at the Front Desk.

Plus, saunas, and locker and towel services are available. The Naval Hospital Health Promotion Office is also located in the Great Lakes Fitness Center.

Hours are Monday-Thursday 5 a.m.-9:30 p.m.; Friday 5 a.m.-8 p.m.; Saturday 7 a.m.-6 p.m.; and Sunday 11 a.m.-5 p.m. Holiday hours will be posted.

Sunrise Yoga Class on the beach!

Experience the serenity of this beach-front yoga class, which meets every Wednesday for eight weeks from July 12 through August 30, 6 -7:15 a.m. The cost is \$15. Participants are asked to bring a large beach towel.

Pre-registration is required for this class at the Great Lakes Fitness Center (Bldg 2A, second floor). If the weather is bad, classes will meet in the aerobics Studio in the Fitness Center. For more information, call

688-2171.

Massage Therapist

Sports Massage, Swedish Massage, Therapeutic Massage and Hot/Cold Stone Massage! Make an appointment with our Massage Therapist. Stop in for a 5-minute “Chair Massage Tune-Up” (when Therapist is available) on Monday and Wednesday, 3-6 p.m. and Friday, 11 a.m.-1 p.m. New weekend times are now open - by paid appointments, only. Call the Great Lakes Fitness Center at 688-5649 for times and availability.

Aerobics Classes

Aerobics fees apply for all classes unless otherwise specified. All eligible gym customers are welcome. Classes are subject to change without notice. All classes take place in the Aerobics/Spin Studio at the Great Lakes Fitness Center.

Step

Tues. & Thurs. 11:40 a.m.-12:30 p.m.

Spin

Spin Classes take place in the Fitness Center’s Spinning Studio. Advance sign-ups are recommended for this program. Meets Mon., Wed. and Fri. at 11:45 a.m.-12:30 p.m.; Mon. and Wed. 4:30-5:15 p.m.

Pilates

(Classes will resume in the fall)

Power Lift meets Tues. and Thurs. 5-6 p.m.

Snapshots of the 4th celebration



MWR's roving entertainment included a juggler, a stilt walker and a magician.



Six Flags Great America characters, Daffy Duck and Bugs Bunny entertained on Ross Field.



Kids picked up the gifts at the MWR prize table after playing one of several games. Photos courtesy of MWR.

Navy’s evolution from a fleet of battleships to carriers

By LT. CMDR. YOUSSEF H. ABLOU-ENEIN
Bulletin Book Reviewer

Battleline: The United States Navy 1919-1939 by Thomas and Trent Hone. Naval Institute Press, 291 Wood Road, Annapolis, Maryland 21402. 244 pages, 2006.

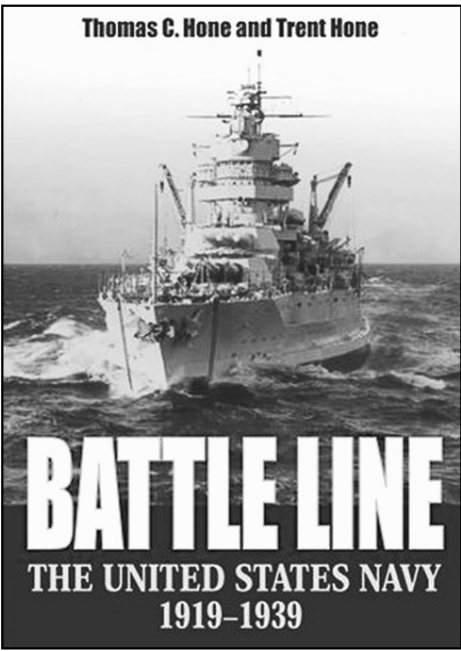
Dr. Thomas Hone, an executive at the Office of the Secretary of Defense joins his son Trent in publishing a new book that looks into perhaps the lowest ebb of U.S. Naval power to the start of its ultimate rise in the eve of World War II.

It is a two-decade period in which naval leaders had to innovate, create new tactics and advocate new weapons systems under extreme constraints of resources and the limitations imposed by the Washington Naval Treaty of 1922. The book highlights the debates and fleet exercises the employed new carrier battle tactics, demonstrated the potential of airpower from the sea and attempted to gain an advantage by listening in on the communications of adversaries at sea.

A valuable lesson to derive from this new book is the importance of never stifling creativity in warfare. In 1939 an Admiral Claude Block had written to then Chief of Naval Operations Admiral Leahy describing the results of using radio-controlled airplanes for target practice towing a long piece of cloth. This increased the accuracy of anti-air gunnery and drove the Japanese to the desperate tactic of using suicide aircraft. The seeds of this test were made off the naval base at Guantanamo Bay.

The book highlights major improvements in technology, but more importantly in 1921, the US Navy had warships but not what would be termed a “balanced” fleet, tactics of the period involved lining battleships to confront an adversary’s fleet in one blow. It resembled the age of fighting sail except the steam turbines made it faster and longer range guns meant an advantage on who got to fire first and keep firing.

By 1939, on the eve of Hitler’s invasion of Poland, a group of extraordinary naval leaders, began putting together the battleship, the aircraft, the carrier, amphibious ships with Marines and auxiliaries supply



ships into a fighting force that complemented and balanced one another and gave commanders a range of tactical options.

The book also praises the US Naval War College for its series of annual fleet problems that created challenging war-games by absorbing the latest innovations from the Bureau of Aeronautics and the fleet, while at the same time keeping current on the development of adversaries, like the Japanese.

As we now deal with Global War on Terrorism, preemption, unconventional warfare and the proliferation of weapons of mass destruction coupled with the rise of regional powers like China, Iran and India, operational and strategic innovation is what will keep the United States at an advantage against the growing challenges of the information age. Education, debate, discussion and unconventional thinking are what will give our forces the edge. There are lessons to be learned from America’s naval history.

Editor’s Note: LCDR Aboul-Enein is Middle East Policy Advisor at the Office of the Secretary of Defense for International Security Affairs. He is the author of numerous essays and reviews on military history, Arab military tactics and Islamic militancy.



Ratings combine

The Navy's Chief of Information (CHINFO) Rear. Adm. Terry McCreary, right, presents the new mass communication specialist (MC) rating badge, worn by MC1(SW/AW) Rustum F. Rivera. Effective July 1, 2006, the journalist, photographer's mate, illustrator draftsman, and lithographer ratings will merge, and be redesignated as mass communications specialists. The new MC rating badge consists of a satellite orbiting a globe with four lightning bolts. The globe represents the MC's ability to accomplish the mission worldwide. The satellite and orbit signify use of the most advanced technology to transmit media products to the point of impact. The lightning bolts reflect the immediacy of the modern media environment, and the critical need for rapid dissemination of digitized video, audio, text and graphics. *U.S. Navy photo by MCAN Patrick Gearhiser*



Your “Home Away From Home”

For current program info see Web site:

www.uso.org/Illinois

Your USO Great Lakes “Home Away From Home” Has So Much to Offer!.
Six computers with Internet, printers and fax (\$1 per hr)
A library with books and magazines you can take with you! FREE
Quiet study rooms large enough for groups.
Big screen movie rooms with all the latest movies. FREE!
Four Pool tables FREE!
A Music Room with guitars, drum set, keyboard and amps. FREE!
Art Room loaded with art supplies. FREE!
Play station 2, N-64 and X-Box with all the latest games. FREE!
NO DOUGH DINNER/KAROE! We feed you the night before payday!
Don’t forget “No-Dough” dinner the night before each payday at 5:30 p.m.

NAVY PIER TICKET INFORMATION

The Standard I-Max tickets: Regular price \$10.50. USO Price is \$5.
Standard tickets cover the 50-minute, 3-D movie.
Tickets are available for purchase at the Navy Pier USO.
The Premier I-Max Tickets: Regular price \$14.50. USO Price is \$8.
Premier tickets cover full-length movies and are available for purchase at the Navy Pier USO.
The 3-D Thrill Ride offers discounts when presenting a military ID.
The Sea Dog offers discounts when presenting a military ID.
The Shoreline Water taxi is free for military in uniform.
The Tall Ship Windy offers free rides to military in Uniform.

USO discounted Show Tickets For Military & Families

“Cirque Du Soleil Corteo.” Date: August 5. Show time: 4 p.m.
Cost: \$34 adult and \$24 children.
“Movin’ Out.” Date: July 8. Show Time: 2 p.m. Cost: \$14.
Purchase and reserve tickets at the Great Lakes USO.

Check out the USO Web site to register for free Ravinia tickets and get information on other USO happenings!

For information on all USO, special events go to www.uso.org/Illinois and click on link to Special Events or the link for the Calendar of Events. The Great Lakes USO is Located in Building 27 on the Great Lakes Naval Station near the Front Gate. The hours of operation for center usage are Monday-Friday 1500-2100 and Saturday and Sunday 1100-2100. The USO is open Monday – Friday from 0800-1500 for outreach programs, ticket programs, and general assistance. For any questions or comments, call (847) 688-5591. *Serving Our Troops Since 1941: The mission of the Corporation is to enhance the quality of life of the U.S. Armed Forces personnel and their families and to create a cooperative relationship between U.S. military communities and involved or supporting civilian communities.*



One Day Kid's Camp!
Wed., July 19th
1000-1400
USO Great Lakes Center Bldg. 27

FEATURING:

A Child's Voice

Teaching kids to play the game of poetry

"There is power in the world to change the world and I call this power poetry. Everyone has it and you don't need to be a poet. Because poetry is more than words on a page, it's more than a subject in school. Poetry is a force found anytime we allow our imaginations to touch real life."
- Bill Buczinsky

Games!
Food!
Fun!

Registration begins Wed., July 5th.
To register:
By phone: 847-688-5591
In person: USO Great Lakes, Building 27
M-F: 900-2100
Sat., Sun.: 1100-2100
Admission: FREE!
Adult accompaniment required.

CYCLE

(Continued from page 8)

pared to handle their absence, especially if this is your first deployment.

Stage two, Detachment and Withdrawal, usually takes place in the last week before deployment. Spouses sometimes experience fatigue. Sailors are busy moving aboard, often spend longer hours on the ship/boat and begin to emotionally separate during this week. This can be hard on the spouse as they are trying to “hold-on” to every moment they have left with their Sailor.

This stage may be characterized by ambivalence toward intimacy. One the one hand we realize that this is our last chance

for physical intimacy for some time and we don’t want to lose that opportunity. But because we’ve also begun to separate emotionally it can be difficult to want to open up that connection with our spouse. Again, these are normal feelings.

The cycle of deployment will be a bit different for each individual but understanding and recognizing the stages empowers us as spouses in recognizing and responding to these stages in our lives.

Next week we will look at the three stages of the cycle of deployment we experience during deployment.

NJROTC & Leadership Academy develop the NAVY LEADERS OF TOMORROW



The NJROTC Area Three Leadership Academy at Naval Station Great Lakes, June 18–24, instilled the Navy's Core Values in cadets from 52 units from Wisconsin, Michigan, Minnesota, Indiana, Ohio and part of West Virginia. The main objective of the Academy is to return a highly motivated cadet who will provide leadership for the unit for the next school year—a leader who can supervise, organize and train other cadets.



Cadets warm up with heat from the grill that will prepare their lunch after their sailing lesson (which always involves a dunking) in the chilly water of Lake Michigan. The Leadership Academy at Great Lakes includes hands-on instruction in basic seamanship, sailing, military drill, quarters and personnel inspections, and a variety of athletics. Participants must pass the Navy PFA in order to graduate from the academy. "What we want to achieve with the NJROTC programs is a sense of citizenship and at the same time, to promote and teach leadership," explained Egler.

NJROTC cadets were challenged to use individual and team skills in navigating a rubber raft, and then righting it after it capsized. The hands-on activities promote teamwork, said Cmdr. Jerry Egler, USN (ret.) and OIC of the Leadership Academy and Senior Naval Science Instructor at Proviso West High School. This teamwork carries over into many of the students' activities in their NJROTC units back home, including drill and academic competition, funeral details, and community service and outreach programs.

Photos by FC2(SW) Jason Mosher



Over 160 NJROTC cadets learned basic Seamanship at the week-long Leadership Academy at Naval Station Great Lakes. Cadets learned to sail small craft and tested their skills in the harbor. Classes are taught by 24 Navy retirees, whose paygrades range from E-6 to O-6. Seventy percent of students who participate in NJROTC programs qualify for scholarships.



In addition to basic Seamanship, cadets are taught drill competition, room and personal inspections and athletics. "These leadership traits were made interactive so the kids could take ownership of their own training, which makes it fun and provides the basis for team building and gives the student a well-rounded education," said Egler.



The signing of clothing was a common sight on the last day of the academy, as cadets looked for ways to make the friendships created here last longer than just a week. The 164 cadets came from states throughout NJROTC Area Three, which includes Wisconsin, Michigan, Minnesota, Indiana, Ohio and part of West Virginia. Two states outside Area Three were able to send cadets as well; units in Texas and Missouri sent seven students each. Local high schools offering NJROTC include Zion Benton, North Chicago, Wheeling, Proviso East and West, East Aurora, and eight schools in the City of Chicago.